

HALE OLA

# *Casa da Vida*

DISCOVER OUR THERAPIES TO

BODY • MIND • SOUL



TEMPLO DO SER  
Technology & Reconnection

## **Templo Do Ser Massage**

Developed exclusively by Templo Do Ser, this massage is inspired by traditional Hawaiian medicine, "Lomi Lomi".

Based on the four elements of nature, the technique aims to bring balance between body, mind and soul with long, continuous and fluid maneuvers allied with foot scalp and crystals.

By Two Hands:

R\$ 416,00 - 90 minutes

R\$ 554,00 - 120 minutes

By Four Hands

R\$ 832,00 - 90 minutes

R\$ 1.009,00 - 120 minutes

## **Relaxing Massage**

For a body in balance and harmony. This massage is associated with essential oils, movements and specific maneuvers that promote the relief of everyday tensions bringing tranquility and rest.

R\$ 277,00 - 60 minutes

R\$ 389,00 - 90 minutes



## **Hot Stone Massage**

To welcome and restore.

It is a contemporary method of thermotherapy.

Volcanic stones are used to benefit the organism with sedative and reenergizing responses, relieving symptoms of stress, tensions and helping nervous circulatory system, in addition to providing muscle relaxation.

R\$ 305,00 - 60 minutes

R\$ 416,00 - 90 minutes



## **Detox Massage**

It stimulates lymphatic circulation by eliminating liquids and toxins present in the body. Ideal for fluid retention or sensation of tiredness and swelling.

1 massage:

R\$ 277,00 - 60 minutes

R\$ 389,00 - 90 minutes

4 massages

R\$ 943,00 - 60 minutes each

R\$ 1.320,00 - 90 minutes each

## Hot Candle Massage

The sensation of a hot oil trickling down your body, this is the Relaxing Massage with Hot Candles.

A technique with vegetable oils melted at a corporal temperature that promotes deep hydration.

This therapeutic massage combines heat with the relaxing power and balance of Aromatherapy due to the essential oils present in formulation.

R\$ 319,00 - 60 minutes

R\$ 429,00 - 90 minutes





## Foot Scalp with Reflexology

Accompanied with the hot tub for the activation of the endings nerves, this technique is based on the energetic points of the feet.

It brings relaxation, prevents circulatory disorders and eliminates the feeling of tired legs.

R\$ 194,00 - 45 minutes



## Tranquility Bath

To achieve total relaxation, the bath takes place in a bathtub with a wet sauna, where you will enjoy all the benefits of this amazing moment. Swimwear is required.

R\$ 152,00 - 45 minutes



## Relax Combo

A little time for you.

This is the proposal: a set of therapies for you to calm down and restore your peace:

- **Foot Scalp with Reflexology: 30 minutes**
- **Hot Stone Massage: 60 minutes**
- **Tranquility Bath: 30 minutes**

We also provide Vegan Amenities and a delicious snack made by Sabor Do Ser.

Single or Couple option, where the bath takes place in the same bathtub.

Individual:

R\$ 567,00 - 120 minutes

Couple:

R\$ 936,00 - 120 minutes

## **Regenerate Combo**

A moment to enjoy the best for your personal care.

This is an unique experience of self care and self love, with a sequel of therapies to restore your energy and joy:

- **Foot Scalp with Reflexology: 30 minutes**
- **Templo Do Ser Massage: 90 minutes**
- **Relax Bath with Hydration: 60 minutes**
- **Clay Therapy: 30 minutes**

We also provide Vegan Amenities and a delicious snack made by Sabor Do Ser.

Single or Couple option, where the bath takes place in the same bathtub.

Individual: R\$ 900,00 - 210 minutes

Couple: R\$ 1.628,00 - 210 minutes



## Reiki Therapy

Technique applied in gentle touches across the body at energy points, channeling universal vital energy.

It undoes knots, restores physical balance, promotes relaxation, activates the immune system, regulates vital functions and balances the mental and emotional body.

Works on the cause and effects of energy imbalance.

R\$ 220.00 - 60 minutes







## **Access Bars Therapy**

The purpose of Access Bars is to slow down the flow of thoughts and reach the unconscious, to facilitate changing behavior patterns, focuses and points of view that may be hindering our personal fulfillment.

In addition to energetic harmonization, there is an expansion of consciousness through the application of the technique.

R\$ 220.00 - 60 minutes





HALE OLA

# Casa da Vida

Dedicated for you to relax in exclusive spaces with Holistic Therapies, Hale Ola Casa da Vida is ideal for spiritual cleansing and energetic renewal.

The space is a guide for a journey of self-knowledge and each aspect helps in the reconnection with the Earth, the Universe and the Divine.

Our therapists are highly qualified to take care of your process with responsibility and love. That is our mission.

All used products are vegan and we have a line of exclusive oils, as well as unique procedures that you will only find here.

The Templo Do Ser is a sacred, non-profit place that aims to connect people with nature and their divinity.

All revenues are fully reapplied to maintenance of the space. The only result we seek is the transformation of those who participate in our retreats and experiences.



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